



HERE TO HELP

(Prevent Series)

If you feel unsafe or threatened, or you are concerned about a friend tell your teacher, visit student services at reception to speak to a safeguarding officer, or talk to any member of staff. You can also report safeguarding concerns to the safeguarding team:

Jo Brownlee:

Deputy Designated Senior Lead

College mobile 07530 187069

Jbr@wilberforce.ac.uk

Where to get help and support outside College

Concerns about your personal safety

- Police call 999 (emergency or 101 (non-emergency))

Concerns about your health, safety and well-being

- Out-of-hours doctors and Hospitals call 111
- Hull & East Riding Mental Health Crisis Team - 0800 138 0990 (24 hour service)

Hull

- Children and Families: EHaSH Tel: 01482448879 during normal office hours
- Adults at risk via multi-agency Safeguarding Hub – Tel: 01482 616092
- After 5pm Emergency Duty Team on 01482 300 304 out of normal office hours

East Riding of Yorkshire

- Children and Families: Tel: 01482 395500
- Adults at risk: Tel: 01482 396940
- After 5pm Emergency Duty Team on 01377 241273



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Individual Liberty

What is Individual Liberty?

Individual liberty is the fundamental right to make choices, express oneself, and live life according to one's own beliefs and values, as long as it doesn't harm others or infringe on their rights.

Why is Individual Liberty Important?

- It empowers individuals to make decisions about their own lives
- It encourages innovation and personal growth
- It respects and celebrates differences among people
- It upholds basic human rights and freedoms

Exercising Your Individual Liberty:

- Understand your rights and freedoms as an individual
- Your liberty should not infringe on others' rights and freedoms
- Make informed and responsible choices
- Feel free to express your thoughts, beliefs, and opinions
- Embrace and learn from different viewpoints and experiences
- Stand up against injustice, discrimination, and violations of individual liberty

Individual liberty is a precious right that comes with the responsibility to respect the rights and freedoms of others



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Respect and Tolerance

What is Respect and Tolerance?

Respect is the act of recognising the worth and dignity of every person, regardless of their background or beliefs. Tolerance is the willingness to accept and respect differences in others, even when you may not agree with them.

Why are Respect and Tolerance Important?

- It guarantees equal treatment for all, regardless of status or wealth
- It safeguards individual rights and freedoms
- It provides a stable and predictable legal environment
- It holds those in power accountable for their actions

Your Role in Upholding the Rule of Law:

- They promote peace and harmony in diverse societies
- They encourage open dialogue and understanding among people from various backgrounds
- They nurture empathy and compassion for others' perspectives and experiences
- They foster cooperation and collaboration in solving common challenges

Practicing Respect and Tolerance:

- Give others your full attention and listen to their thoughts and feelings
- Challenge stereotypes and preconceptions about different groups
- Approach discussions with an open heart and open mind
- Try to understand others' feelings and experiences, even if they differ from your own

Embrace diversity, and let kindness and respect be your guide



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Rule of Law



What is the Rule of Law?

The Rule of Law is a fundamental principle that ensures everyone is treated equally under the law. It means that no one is above the law, and justice is applied consistently and fairly

Why is the Rule of Law Important?

- It guarantees equal treatment for all, regardless of status or wealth
- It safeguards individual rights and freedoms
- It provides a stable and predictable legal environment
- It holds those in power accountable for their actions

Your Role in Upholding the Rule of Law:

- Be aware of your legal rights and responsibilities
- Follow laws and regulations in your community
- Speak up against injustice and discrimination
- Uphold the independence of the judicial system

The Rule of Law is the foundation of a just and fair society. If we want to live in a fair society we need to support it



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Democracy

What is Democracy?

Democracy is a system of government where the power to make decisions rests with the people. It's about having a say in how our country, region, or community is run.

Why is Democracy Important?

- In a democracy, every citizen has a voice and a vote
- Leaders are accountable to the people they serve
- Democracy protects individual rights and freedoms
- It allows for peaceful transitions of power

Your Role in Democracy:

- Register to Vote: Ensure your voice is heard in elections
- Stay Informed: Understand the issues and candidates before you vote
- Engage in Dialogue: Discuss politics and policies with others to broaden your perspective
- Respect Differences: Democracy thrives on diverse opinions and respectful debate

Protecting Democracy:

- Democracy is not guaranteed; it requires ongoing efforts from all citizens.
- Exercise your right to vote in all elections
- Speak out against discrimination and injustice
- Hold elected officials accountable for their actions
- Get involved in local government and community activities

Remember, your vote and your involvement can shape the future of your country and community



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Freedom of Speech and Expression

What is it?

Freedom of speech and expression is a vital right that allows individuals to express their thoughts, opinions, and ideas openly without fear of censorship or persecution. It's one of the cornerstones of a democratic society.

Why is it important?

- It enables a wide range of ideas and perspectives, fostering a rich and diverse society.
- Free speech allows for critical discussions and challenges to the status quo, driving progress.
- It encourages open debate, which can lead to better-informed decisions.
- It empowers individuals to express their identities, creativity, and beliefs.

Challenges:

Balancing freedom of speech with responsibility can be challenging. It's essential to understand the boundaries and consequences:

- Hate speech, discrimination, and harassment are not protected under free speech.
- Encouraging violence or criminal activities is illegal.
- Misuse of free speech can lead to legal actions or social consequences.

Responsibilities

While enjoying the freedom of speech, it's essential to be responsible

- Free speech should not be used to incite violence or hatred.
- Be respectful of others' views and feelings, even when you disagree.
- Verify information before sharing it to avoid spreading false or harmful content.
- Encourage open and constructive conversations.

What can I do?

- Stay informed about your rights and responsibilities regarding freedom of speech.
- Engage in discussions with respect for others' opinions.
- Speak up against hate speech and discrimination.
- Report any incidents of harmful speech or threats to the safeguarding team.
- Celebrate diversity and promote inclusivity in your community

Remember, freedom of speech is a valuable right that comes with great responsibility. Use it wisely to foster a society that values open dialogue and mutual respect.



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Islamic Radicalisation

What is it?

- Intolerant or extremist interpretations of Islam
- Establishing Islamic law over existing governance
- Use of violence to achieve ideological aims
- Hatred or violence towards non-believers
- Rejection of Western cultural values and liberties
- Terrorist acts against civilians

Why it matters:

- Islamic extremism can lead to violence
- Intolerance threatens people's rights and liberties
- Young people are targeted for recruitment
- It is happening here in Hull

What you can do:

- Report any concerns about peers becoming radicalised
- Speak out against discrimination in all forms
- Promote values like equality, diversity and inclusion
- Unite as one community - division only breeds more hate
- Seek support from the safeguarding team if you or a friend are worried

Don't let people who hate win. Equality matters



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Right-Wing Radicalisation

What is it?

The extreme far-right promotes:

- White supremacy and racism
- Anti-immigration views
- Anti-Muslim, anti-Semitic, anti-LGBTQ+ bigotry
- Sexism, misogyny, traditional gender roles
- Conspiracy theories about "white replacement"
- Denial of tragedies like the Holocaust
- Use of violence to achieve their goals

Why it matters:

- Right-wing extremism can lead to violence
- Terrorist acts by far-right radicals are increasing
- Their intolerance threatens minorities and democracy
- Young people are targeted for recruitment
- It is happening here in Hull

What you can do:

- Report any concerns about peers becoming radicalised
- Speak out against discrimination in all forms
- Promote values like equality, diversity and inclusion
- Unite as one community - division only breeds more hate
- Seek support from the safeguarding team if you or a friend are worried

Don't let people who hate win. Equality matters



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Signs of Radicalisation

What are they?

- Withdrawing from family/friends and usual activities
- Expressing new extreme political, social or religious views
- Defending use of violence or lawbreaking
- Consuming media from concerning online sources
- Changing appearance like growing a beard or wearing symbolic clothing
- Glorifying violence or martyrdom
- Seeking to impose own beliefs on others
- Using extremist language
- Possessing extremist materials or weapons

What should I do?

- Reach out with concern - don't judge or confront
- Suggest constructive outlets like sports, volunteering
- Introduce new positive friends and influences
- Consult college staff for advice
- Gently challenge concerning views when safe
- Report genuine risks to the College without delay

It can be easy to be misled, let's look after ourselves and our friends



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Online Propaganda and Misinformation



What is it?

Propaganda and misinformation online aims to manipulate you by:

- Using false info or lies to influence you
- Promoting biased causes or political agendas
- Encouraging harmful stereotypes and divisions
- Down playing extremist views as normal or cool
- Recruiting people to join radical groups

This can lead to:

- Warped, prejudiced thinking
- Increased conflict between groups
- Violence, hate and lawbreaking
- People getting exploited by extremists

What can I do?

- Check sources- avoid shady websites and accounts
- Verify info through reputable mainstream news
- Use fact-checking sites to double-check claims
- Consult unbiased expert opinions when unsure
- Think critically - does it seem extreme? Who benefits?
- Seek support from the college if you need help

Remember there are lies out there, be safe and bring people together - don't divide.



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Extremism and Radicalisation

What is it?

Extremism means having very strong views that oppose fundamental British values like democracy, rule of law, liberty, respect and tolerance.

Radicalisation is when someone starts to adopt extremist views. This can happen both online and in person.

Signs of radicalisation may include:

- Sudden negative changes in behaviours, friendships or personality
- Expressing extreme political or religious views
- Condoning or glorifying violence
- Viewing others as enemies based on differences
- Focusing obsessively on ideology or conspiracy theories

What can I do?

- Question views that promote hate, conflict or violence
- Get help from a trusted adult if someone close becomes radicalised
- Avoid propaganda from untrustworthy sources
- Surround yourself with kind friends who think critically
- Speak up against discrimination - unite against extremism
- Seek support from the college safeguarding team

Stay true to your values, hate is not the way – and look out for your friends!