



SUMMER BRIDGING WORK 2026

Summer Bridging Work is an important part of your transition to Wilberforce Sixth Form College. This piece of work will count towards your effort grade. Please complete your summer bridging work in time for the start of term.

You are required to bring evidence in paper or electronic format and hand this into your subject teacher during your first lesson.

T Level Health

OVERVIEW OF SUBJECT: This course provides you with the skills and qualifications to enter employment or higher education study. Assessment content includes topics that could support careers in midwifery, social care, mental health nursing and ancillary services. You will have a variety of opportunities to gain clinical and practical skills through external work placements and use of the College hospital ward facilities to develop a 'ready-made' skill set for use in employment, apprenticeships, or higher education studies.

ENTRY CRITERIA: To study the Health T-Level course, you need to have achieved five or more GCSE grades 9-4. You **must** have Maths, English Language and Science at minimum grade 4. You will also be required to complete a DBS check at the start of the course which is essential to allow you to undertake the compulsory placements of both courses.

LITERACY TASK Please complete a 500-word essay on the importance of consent in health and social care settings. Please include the different types of consent, verbal, written, informed and explain the potential consequences of not gaining consent.

NUMERACY TASK 1

Your patient has been prescribed 62.5mg of Captopril. The tablets are available in 12.5mg. Calculate how many tablets you would need.

A patient is given 100mg of an antibiotic every 6 hours. It is available in 25mg in 5mls. How many mls should the patient receive in 12 hours?

NUMERACY TASK 2

Body mass index (BMI) is widely used as a simple and reliable way of finding out whether a person is a healthy weight for their height.

For most adults, having a BMI of 18.5 to 24.9 is considered to be a healthy weight. A BMI of 25 to 29.9 is considered to be overweight, and a BMI over 30 is considered to be obese.

Bill weighs 86 kilos and is 6'2". Use the BMI tracker to calculate his BMI and decide if he is a healthy weight, overweight or obese.

